



EAST WINDSOR COMMUNITY SERVICES

28 Abbe Road, East Windsor, CT 06088

JULY 2025 NEWSLETTER



Hello Summer!

Check Out Page 2 for
our Summer Concert
Series schedule!

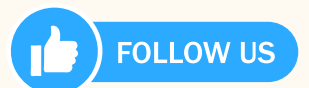
CONTACT US!

COMMUNITY SERVICES DIRECTOR: MELISSA MALTESE

PARKS AND RECREATION: 860-627-6662

SENIOR SERVICES: 860-292-8262

SOCIAL SERVICES: 860-623-2430



East Windsor Parks and Recreation presents...

2025 SUMMER CONCERT SERIES

Band

Food Truck

Murphy's Law

6/26

The Kitchen by Keri/ Kona Ice

Mass-Conn-Fusion

7/3

Four A's/Hogtied BBQ

Cobblestone Road

7/10

Hog Tied BBQ/A Cupcake For Later

Drivetime

7/17

Wayne's Wings & Things

Jack Lynn - A Tribute to Dean Martin

7/24

Fat City Kid

Cover to Cover

7/31

The Oxtail Guyz

NNO

Downtown 6

8/5

Chick-Fil-A/The Kitchen by Keri/ Kona Ice

Nightshift

8/14

Jayy's

Savage Brothers

8/21

Four A's

Floydian Trip

8/28

Wheeling Grill

****NEW TIME****

Thursdays 6:30-8:30 PM

(National Night Out is a Tuesday)

East Windsor Park

27 Reservoir Avenue, Broad Brook

This event is FREE and fun for the whole family!

Come to one, come to all - you're sure to have a blast!

The splash pad will be open late on concert nights!



EAST WINDSOR SOCIAL SERVICES

OUR STAFF

Social Services Aide

Lori Butenas

Clerical Intake

Assistant

Bridget Joy

Clerical Assistant

Sharon Michaels



The East Windsor Social Services Department provides social, emotional, and economic support to residents of all ages. We assess individual and family needs and connect them with programs that promote self-sufficiency and stability, including Energy Assistance, Renters' Rebate, and referrals for SNAP, HUSKY Health, Care 4 Kids, and more. We also offer seasonal and year-round initiatives such as *Back-to-School Backpacks*, *Power Packs for Elementary Students*, *Farmers' Market Nutrition Coupons*, *Holiday Food Baskets*, and *Adopt-a-Family Program*. Our department proudly partners with organizations like Operation Fuel, VNA, Salvation Army, Five Corner Cupboard, Pauline's Stock Pot, and local businesses to support the community. Together, we are committed to enhancing the well-being of East Windsor residents.

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Renter's Rebate:



East Windsor Social Services will take applications for the State of Connecticut Renter's Rebate Program from **April 1st to September 29th** for qualified East Windsor residents.

This program provides a onetime payment to renters based on income as well as rent and utilities paid in 2024.

To qualify you must be:

- 65 years old by December 31, 2024 **OR**
- be permanently disabled as defined by Social Security and be at least 18 years of age by December 31, 2024

Income Guidelines

Single Person \$45,200 Married couple \$55,100

Documents needed to apply



Proof of income for 2024

- Social Security Benefit Statement (Form SSA-1099)
- Dividends, Interest and Annuities
- All taxable IRA Accounts
- Your 2024 Federal Income Tax Return and all supporting documents
- Employment (W-2 forms)



Proof of non-taxable income for 2024

- Veteran's Disability Payments
- Pensions
- Federal SSI (Supplemental Security Income)
- Alimony
- Unemployment
- Worker's Compensation, etc.



Proof of Expenses for 2024

- Rent Receipts (from January-December 2024 or letter from landlord stating total rent paid for 2024)
- Electric & Natural Gas (contact Eversource for payment history)
- Water (contact CWC for payment history)
- Deliverable Fuels - propane, kerosene, oil and wood (contact vendor for payment history)

Contact East Windsor Social Services at 860-623-2430 for more information or to make an appointment

<https://www.eastwindsor-ct.gov/social-services>
Facebook: East Windsor Social Services

Main Phone

860-292-8262

Transportation Phone

860-292-8261

Meal Reservation Phone

860-292-8262

Senior Center Lead

Shawna Tustin

Transportation Coordinator

Karl Von Eisengrein

Nutrition Site Manager

Debra Austin

Drivers Tammy Davis & Dan Stewart

For a full overview of our July activities, please refer to the Activities Calendar on page 6. For detailed descriptions of each activity and our CRT Congregate Meal Calendar, see pages 7-8.

Welcome to Our New Home!

We have officially moved into our beautiful new Community Center! This thoughtfully designed space offers a variety of areas to suit every preference—whether you enjoy a lively group activity or a quiet moment in a cozy corner.

The Community Center is your place to relax, connect, and engage. Join friends for a game of cards, participate in group activities, or simply enjoy a cup of coffee and conversation. We continue to offer educational seminars on health, safety, and a wide array of topics for both enrichment and entertainment.

Our fitness programs have expanded as well. In addition to our popular Strength & Balance and Yoga classes, we now have a fully equipped gym available for your use.

We also continue to provide essential services, including nutritious meals on-site and through our Meals on Wheels program, Medicare plan support, and transportation assistance for medical appointments and grocery shopping.

As always, your input matters to us. If you have suggestions for programs or activities you'd like to see offered, please don't hesitate to share them.

We're thrilled to begin this new chapter with you and look forward to seeing you at the Center!

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SENIOR CENTER MONTHLY PROGRAM CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:45 Strength & Balance 10:30 Elderly Commission Meeting 10:45 Open Games 12:30 Who Wants to be a Millionaire?!	2 9:00 Geissler's/Walmart 10:30 Cribbage 10:30 Art Class 1:30 Chair Yoga	3 9:45 Strength & Balance 10:45 Coffee w/ the First Selectman 12:30 Ice Cream Social 12:30 Open Games 6:30 Summer Concert Series	4 
7 9:00 Big Y or Walmart 10:00 Chair Yoga 11:00 Mexican Train Dominoes 12:30 Wii Bowling	8 9:45 Strength & Balance 10:45 Open Games 12:30 Jeopardy	9 9:00 Geissler's/Walmart 10:30 Cribbage 10:30 Art Class 12:30 Crafts 1:30 Chair Yoga	10 9:45 Strength & Balance 10:45 Open Games 12:30 BINGO 6:30 Summer Concert Series	11 9:30 Movie Matinee- <i>Nonna's</i> 12:30 Open Games 12:30 Theater Group
14 9:00 Big Y or Walmart 10:00 Chair Yoga 11:00 Mexican Train Dominoes 12:30 Wii Bowling	15 Footcare (by appt.) 9:45 Strength & Balance 10:45 Open Games 12:30 Wheel of Fortune	16 9:00 Geissler's/Walmart 10:30 Cribbage 10:30 Art Class 12:30 Food for Thought 1:30 Chair Yoga	17 9:45 Strength & Balance 10:45 Open Games 12:30 BINGO 6:30 Summer Concert Series	18 10:30 Focus Group 12:30 Open Games 12:30 Theater Group
21 9:00 Big Y or Walmart 10:00 Chair Yoga 11:00 Mexican Train Dominoes 12:30 Wii Bowling	22 9:45 Strength & Balance 10:45 Open Games 12:30 True or False Trivia	23 9:00 Geissler's/Walmart 10:30 Cribbage 10:30 Art Class 12:30 Trivia 1:30 Chair Yoga	24 9:45 Strength & Balance 10:45 Open Games 12:00 Birthday Social Featuring: TBD 6:30 Summer Concert Series	25 10:30 Open Games 12:30 Theater Group
28 9:00 Big Y or Walmart 10:00 Chair Yoga 10:30 Book Club 11:00 Mexican Train Dominoes 12:30 Wii Bowling	29 9:45 Strength & Balance 10:45 Open Games 12:30 Adult Coloring	30 9:00 Geissler's/Walmart 10:30 Cribbage 10:30 Art Class 1:30 Chair Yoga	31 9:45 Strength & Balance 10:45 Open Games 6:30 Summer Concert Series	

JULY PROGRAMS

SENIOR CENTER

Commission for the Elderly Meeting–July 1st 10:30–11:30

The East Windsor Commission for the Elderly helps plan, evaluate, and coordinate programs that support the needs of our aging population now and in the future. The five-member commission is appointed by the Board of Selectmen. All residents are welcome to attend public meetings and share ideas or suggestions.

Ice Cream Social–July 3rd 12:30

Celebrate the 4th of July and beat the heat at our Ice Cream Social! Build your own sundae and enjoy some sweet summer fun—don't forget to wear your red, white, and blue!



Crafts–July 9th 12:30

For our July craft, we'll be making wine cork flowers in ceramic pots—a fun and charming decoration perfect for summer!



Summer Concert Series–Thursdays 6:30–8:30

Summer concerts at East Windsor Park are back! Enjoy great music, food trucks, and fun. The bus will provide transportation to and from the concerts—sign up in the office to reserve your ride!

Movie Matinee–Nonnas–July 11th 9:30 A.M.

After losing his beloved mother, a man risks everything to honor her by opening an Italian restaurant with actual nonnas — grandmothers — as the chefs.

Food for Thought–July 16th 12:30

Join us for July's Food for Thought as we explore the history of iced tea and enjoy a refreshing taste test of different flavors. Learn something new and cool off with this tasty summer treat!

Book Club: Magnificent Lives of Marjorie Post by Allison Pataki–July 28th 10:30

The Magnificent Lives of Marjorie Post creates an epic reimagining of the remarkable life of Marjorie Merriweather Post, the American heiress and trailblazing leader of the twentieth century. Marjorie's journey began gluing cereal boxes in her father's barn as a young girl. No one could have predicted that C. W. Post's Cereal Company would grow into the General Foods empire and reshape the American way of life, with Marjorie as its heiress and leading lady. Not content to stay in her prescribed roles of high-society wife, mother, and hostess, Marjorie dared to demand more, making history in the process. Before turning thirty she amassed millions, becoming the wealthiest woman in the United States. But it was her life-force, advocacy, passion, and adventurous spirit that led to her stunning legacy.

LUNCH MENU JULY 2025

COMMUNITY RENEWAL TEAM HARTFORD JULY 2025 CONGREGATE MENU Menu is subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Please be advised that our food may come in contact with or contain peanuts, tree nuts, soy, milk, eggs, wheat, shellfish, sesame or fish. Please advise staff of allergies prior to meal!	3 oz Boneless Chicken Marsala 1/2 c Rice 1/2 California Veg Mix 1 sl Wheat Bread 1 Fresh Fruit	2 Vegetable soup and chef salad w/turkey/cheese/tomato/Cucis/green peppers & roll Fruit bar Sponsored by EW Lions Club	3 Eat Your Beans Day! 1/2 c Grape Juice 1 Beef Hot Dog / 1 Hot Dog Bun 1 ea Must., Rel, Ketchup 1/2 c Baked Beans 1/2 c Mixed Vegetables 1 Cookie	4 CRT Closed in Observance of Holiday
7 Grilled Cheese sandwich Tomato soup Chips & fruit bar Sponsored by donations collected at EW Community center	8 4 oz Apple Juice 8 oz American Chop Suey w/ Elbows 1/2 c Prince Edward Veggies 1 sl Wheat Bread 1 Cookie	9 Ham salad Sandwich w/pickles & Frito corn chips & applesauce Sponsored by the EW Community Wellness Association	10 3 oz Meatloaf Italiano w/ Tomato Basil Sca 1/2 c Parslied Pasta 1/2 Italian Veg Blend 1 Bread Stick 1 Fresh Fruit	11 8 oz Chicken Stew w/ 1/2 c Root Vegetables 1/2 c Yellow Rice 1 sl Cornbread 1 Fresh Fruit
14 Pepperoni Pizza Salad & a sweet Treat! Sponsored by donations collected at EW Community center	15 Tapioca Pudding Day 1/2 Cranberry Ice 3 oz (2) Herbed Chicken Drumsticks / 1/2 Cornbread Stuffing 1/2 c Peas & Carrots 1 sl Wheat Bread 1/2 c Tapioca Pudding	16 Spaghetti & Meatballs Salad & garlic bread Fruit bar Sponsored by donations collected at EW Community center	17 3 oz Battered Fish 1 Tartar Sauce 1/2 c Potato Wedges / 1 Ketch 1/2 c Capri Veg Blend 1 sl Wheat Bread 1 Fresh Fruit	18 3 oz (2) Ricotta Stuffed Shells 1 Parmesan Cheese 1/2 c Ital Green Beans 1 Stick Bread 1 Fresh Fruit
21 Chicken and Cheese Quesadilla w/salsa/lettuce Sour cream/tortilla chips & granola bar Sponsored by Crouch Associates	22 3 oz (3) Grande Cheese Raviolis 1/2 c Mixed Veggies 1 Bread Stick 1 Fresh Fruit	23 Egg salad sandwich w/lettuce, Chips & a cookie Sponsored by donations collected at EW Community Center	24 1/2 Apple Juice 4 oz CranRaisin Chicken Salad on 1 Hoagie Roll 1/2 c 4-Way Veg Blend 1 Wholegrain Fruit Bar	25 3 oz Honey Spiral Cut Ham 1/2 c Au Gratin Potatoes 1/2 California Veggies 1 sl Wheat Bread 1 Fresh Fruit
28 Mac & Cheese w/ stewed tomatoes, roll & fruit bar Sponsored by donations collected at EW Community center	29 Lasagna Day 1/2 c Cranberry Juice 8 oz Meat Lasagna 1/2 c Spinach 1 Garlic Knot 1 Yogurt Cup	30 Chicken Nuggets w/alfredo & pasta, roll & granola bar Sponsored by EW residents Dick and Barbara Sherman	31 3 oz Salisbury Steak w/ Onion Gravy 1/2 c Whole Baby Potatoes 1/2 c Green Beans 1 sl Wheat Bread 1 Fresh Fruit	Please be advised that food may come in contact with or contain peanuts, tree nuts, soy, milk, eggs, wheat, shellfish or fish. Advise staff of allergies prior to meal.

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses

All meals are served with milk, bread, and margarine. SUGGESTED DONATION: \$3.00 or what you can afford. Menu is subject to change.

EAST WINDSOR PARKS AND RECREATION

The East Windsor Parks & Recreation Department is a proud and active part of our community, offering programs, events, and facilities that promote wellness, outdoor fun, and connection for residents of all ages.

Visit www.EastWindsorRec.com to register for activities, reserve the pavilion, and stay up to date on everything we have to offer!

"July is National Parks & Recreation Month" - A time to celebrate park and recreation professionals and how they improve the lives of tens of millions of people, making a lasting impact in communities across the country. Park and recreation programs are essential to community health and well-being and help cultivate lifelong friendships, memories and family bonds that people hold dear decades later. In honor of Parks & Recreation Month, we will be celebrating all month long with special giveaways, activities and more!

Our Staff

Recreation Lead

Samantha Charette

Administrative Assistant

Irene Mosher

Office/Program Assistant

Debbie Williams

NRPA'S PARK AND
RECREATION MONTH



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Parks and Recreation Activities

Summer Fun Camp 2025

In the morning, campers will be offered various sports activities, arts & crafts, as well as small group activities. In the afternoon, swimming at the waterfront and time at the splash pad will be available.

This year, campers will have off-site field trips on weeks 1, 3 & 5,
while on-site entertainment will be provided weeks 2, 4, & 6.

6 Weeks: July 7th through August 15th

Times: Monday-Friday 8:30-4:30pm

Fee: \$250.00/week

Ages: 4-10

Location: East Windsor Park, 27 Reservoir Avenue, Broad Brook, CT 06016

Week 1: Get Ya Head in the Game! / Field Trip to CT Science Center

Week 2: Beach Bash / Visit from Circus Moves

Week 3: The Most Magical Camp on Earth / TBD Field-Trip

Week 4: Artistic Aspirations / Kona Ice & Foam Party

Week 5: Camp Spirit Week / TBD Field-Trip

Week 6: Camp Carnival / Campardy Game Show

Camp Discover 2025

Camp Discover will be held weekly on Tuesdays, Wednesdays, and Thursdays throughout the month of July.

Tuesdays: Campers will be engaged in team-building activities, leadership exercises, life skills and more!

Wednesdays: Campers will spend the day at East Windsor Park, with time given at the waterfront, splash pad and more. Campers may elect to purchase lunch/snack from the snack bar on Wednesdays.

Thursdays: Campers will have off-site field trips. Examples of trips include Spare Time Windsor Locks, Urban Air Adventure Park, Brownstone, etc.

Ages: 10-13

Cost: \$175/week

Time: 9:00am-3:00pm

Location: East Windsor Park (27 Reservoir Avenue, BB)

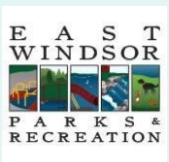
Week 1 Field Trip: Puzzle Theory Escape Room

Week 2 Field Trip: Adventure Park Storrs

Week 3 Field Trip: Sonny's Place

Week 4 Field Trip: Brownstone Adventure Park

Field trips are tentative to change based on availability



Youth Tennis in the Parks - Learn and Play-Summer 2025

Led by a USTA-approved coach, the Tennis in the Parks program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. We focus on FUN and learning the basics through play. This program uses modified tennis balls, age-appropriate rackets and the latest engaging activities that help players successfully learn and play the game quicker.

Dates: Monday & Wednesday 7/7-7/23 (6 classes) Rain Date (if needed) - July 28 & 30

Grades 1-3: Monday/Wednesday 9:00am to 10:00am

Grades 4-6: Monday/Wednesday 10:00am to 11:00am

Minimum 7 players and Maximum 10 players per age group

Location: East Windsor Park Tennis Courts, 27 Reservoir Avenue, Broad Brook, CT 06016

Fee: \$70.00

Register Online: www.EastWindsorRec.com

Storytime at the Splash Pad

Join us on Tuesday mornings at 10:00am for a story and craft.

Different themes and readers each week from 7/8-7/29!

Address for the park is 27 Reservoir Avenue, Broad Brook CT 06016.

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East Windsor Community Services

28 Abbe Road
East Windsor, CT 06088

Indicia
Goes Here

↻ Word Twist

Independence Day

The letters in these words are all twisted up. To play, unscramble the letters to reveal the correct words. **Hint:** Each puzzle has a common theme!

oefmrde _____ rdpaea _____

rybtile _____ nhor _____

rtaipto _____ glfa _____

swirfkoer _____ tnaoin _____

elcaberet _____ sujceit _____