EAST WINDSOR FAMILIES:

Looking for a new sport? Need an off-season sport to try? Wrestling is the sport for you! In partnership with South Windsor Youth Wrestling

Step into the arena of ambition and strength with our youth wrestling program! Designed to ignite the fire of passion for the sport in young hearts, our program offers a dynamic blend of skill-building, camaraderie, and fun. More than just a sport, wrestling instills discipline, resilience, and a relentless drive to succeed.

As stated, wrestling is a must try! Come check it out, talk with the coaches and see if it's the right fit for you and your child!

OPEN TO BOYS AND GIRLS, GRADES 1-8

DATES: September 9-November 7, 2024

- **TIME:** 6:00-7:30PM, Mondays, Tuesdays and Thursdays
- **LOCATION:** South Windsor High School Auxiliary Gym
- **COST:** \$100 (Residents), \$110 (Non-Residents)
- FEE INCLUDES: USA Wrestling Card

EQUIPMENT: Shorts, T-Shirt, Wrestling shoes. No loose-fitting clothing.

TO REGISTER: HTTPS://SOUTHWINDSOR.RECDESK.COM

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OPEN TO BOYS AND GIRLS, GRADES 1-8

DATES: December 2, 2024-March 18, 2025

- **TIME:** 6:00-7:30PM, Mondays, Tuesdays and Thursdays
- **LOCATION:** South Windsor High School Rubber Room
- **COST:** \$180 (Residents), \$190 (Non-Residents)
- FEE INCLUDES: USA Wrestling Card

EQUIPMENT: Shorts, T-Shirt, Wrestling shoes. No loose-fitting clothing.

TO REGISTER: HTTPS://SOUTHWINDSOR.RECDESK.COM