## Futsal & Street Soccer at East Windsor Middle School

This program is a major step in developing a player's ball skills and increasing ball confidence that they can bring back to their school, town and club soccer teams!



Dates: 3/10, 3/17, 3/24, 3/31, 4/7 & 4/14 Grades: 5-8 Time: Tuesdays 3:00pm-4:00pm Fee: \$60.00

## **Registration Process**

East Windsor Parks & Recreation has simplified the registration process with our brand new software system! Visit www.EastWindsorRec.com to register for programs from the comfort of home. We also accept registrations in-person during posted office hours as well as through a mail-in process. Additionally, we offer four locked drop-boxes around town for convenience. Programs are on a first-come, first-served basis and we must obtain sufficient registrations to make the programs successful. Non-residents can register for our programs, although non-member fees may apply.

## **Important Dates**

3/13 - Limerick Entries Due For Judging

4/1 - Registration Opens for Summer Programs!

4/4 - Breakfast with the Easter Bunny

4/10 - Good Friday (Office Closed)

4/20-4/24 - EW Public Schools April Vacation



## Office Hours

M-W 8:30am-4:30pm Thursday 8:30am-7:00pm Friday 8:30am-1:00pm

Phone: 860.627.6662

# Mailing Address:

11 Rye Street Broad Brook, CT 06016

## Office Address:

25 School Street East Windsor, CT 06088

# **Drop Boxes:**

Boxes are conveniently located at both the elementary and middle schools, as well as outside of Town Hall & in the Police Station lobby. They are regularly checked and emptied by recreation staff.

### Parks & Recreation Staff

Melissa Maltese; Director of Recreation & Community Services mmaltese@eastwindsorct.com Samantha Charette: Recreation Lead scharette@eastwindsorct.com Irene Mosher; Part Time Administrative Assistant imosher@eastwindsorct.com Debbie Williams; Office & Program Assistant dwilliams@eastwindsorct.com

#### Follow East Windsor Parks & Recreation on Social Media

Facebook: East Windsor Parks & Recreation

Twitter: @EWParksRec





Subscribe to our email blasts to get the most up-to-date information!

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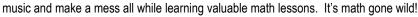


RECREATION PARKS

Spring 2020

# Crazy 8's Math Club

This program will re-introduce participants to the fun that can accompany math! Participants will build stuff, run, jump, make



 Dates:
 3/19 - 5/21 (No 4/16 or 4/23)
 Grades:
 K-2

 Time:
 Thursdays 3:45pm-4:45pm
 Fee:
 \$15.00

# Mad Science - Crazy Chemworks

East Windsor Parks & Recreation, along with Mad Science, is sponsoring a 6 week program for boys and girls in grades K-4. This program provides children with a unique and fun science experience. Visit www.EastWindsorRec.com to register!

**Dates:** Session 2: 4/6 - 5/18 (No 4/20) Grades: K-4

Time: Mondays 3:40pm-4:40pm Fee: \$89.00 per session

# Abby's Social Club - February & March 2020

In partnership with East Windsor Parks & Recreation, Abby's Helping Hand is offering a weekly social club for special education students. Activities will include bingo, crafts, music therapy and more! Please register at **www.EastWindsorRec.com**. Program is limited to first 25 registrants. Open to both residents and non-residents.

**Location:** Town Hall Annex **Fee:** FREE to special education students

# Spring Yoga w/ Diane Ross

Join yoga instructor Diane Ross for 8 weeks of yoga! Choose to attend once a week or both days. Registration forms must be filled out and checks can be made payable to Diane Ross. *Please use the loading dock entrance of the school when accessing the building.* 

Fee: Residents: \$30 once a week or \$45 twice a week

Non-Residents: \$35 once a week or \$50 twice a week Walk-Ins: \$5 per class

## **Limerick Contest 2020**

This annual contest is open to all East Windsor residents. This year's theme is St. Patrick's Day!. Winning entries will be displayed in Town Hall. Enter your Limerick online at www.EastWindsorRec.com!

**Dates:** Entries must be received by March 13th for Town Hall judging.

**Age/Grade Groups:** K-1, 2-4, 5-8, 9-12 & Adults 18+ **Fee:** FREE



# **Spring Zumba with Cee Huber**

Spring into shape with instructor Cee Huber on Tuesday nights!

Register for the entire session or choose to walk-in. *Please use the loading dock entrance of the school when accessing the building.* 

Location: East Windsor Middle School Health Room

Fee: Residents \$35.00 / Non-Residents \$40.00 Walk-Ins: \$5.00 per class

## Food Explorers - Broad Brook School Spring 2020

Become a Food Explorer and explore the food groups in MyPlate! Each class will focus on one food group, starting off with an interactive nutrition activity followed by a handson cooking activity. Students will make their own tasty



snacks using ingredients from the food group of the day. They will learn the basics of healthy eating with a hands-on approach. This class is nut free! Students will come home with new recipes, new skills, and new knowledge about the food they eat.

**Dates:** 4/7, 4/14, 4/28, 5/5 (No 4/21) **Grades:** 1-4 **Time:** Tuesdays 3:45pm-4:45pm **Fee:** \$40.00

# Food Explorers - East Windsor Middle School Spring 2020

Become a Food Explorer and explore the food groups in MyPlate! Each class will focus on one food group, starting off with an interactive nutrition activity followed by a handson cooking activity. Students will make their own tasty snacks using ingredients from the food group of the day.



They will learn the basics of healthy eating with a hands-on approach. This class is nut free! Students will come home with new recipes, new skills, and new knowledge about the food they eat.

## **Discount Movie Tickets**

Did you know that Parks & Recreation sells discounted movie tickets year-round? Tickets can be purchased in our office during regular business hours and paid for by

cash, check or credit card. Tickets are valid at Cinemark Theaters. Cost of tickets is \$9.00 and contain no expiration dates. Seats can also be reserved online in advance by utilizing the pin number on the back. Please call us in the office at 860.627.6662 with any additional questions.

